



promos

NOVEMBER + DECEMBER
+ JANUARY

HYDRA MEMORY SUMMER ESCAPE

Enjoy a beautiful and replenishing Spa Escape to prepare your skin for summer. This luxurious treatment begins with a soothing lushly foot soak and peppermint foot scrub. This decadent and relaxing treatment includes a Shiatsu back massage and hydrating anti-aging facial designed to return essential nutrients and balance to your skin. Finish your escape with fine china tea in our relaxation dream space where you can totally let go and unwind.

\$165 per person 90 mins

Spa Socialising

Feel like gathering with friends for an afternoon of relaxation and pampering - see our Spa Party escapes... we highly recommend our Samsara group package for 6 people.

\$165 per person 90mins.

SAMSARA PACKAGES

Amazing treatments based on ancient traditions and age old rituals, encompassing exotic plants, flowers, herbs and essential oils to transport your mind body and soul.

welcome to our spa dream

L'plunge is a long nurtured concept shared between friends. Our dream was to create a unique space. A space truly dedicated to making people feel wonderful.

Lovingly restored

Built in 1852 this historic precinct home was once the local doctors house, even then a haven for caring and healing. Vintage styled treatment rooms that have been lovingly restored; feturing a couples room, private loft, water treatment room, sunlight sauna and dream relaxation space. A timeless beauty expressing days gone by...

The perfect place to celebrate and enjoy yourself

*journeys, escapes and celebrations personalised
to suit your special occasion*

A Champagne garden party or afternoon with the girls. Personalised experiences whatever the occasion. Spa journeys, spa escapes and spa socialising.

it takes a team

This has been an all consuming project for me, far bigger than I ever imagined but also very rewarding and enjoyable.

I have been fortunate to have the help of many skilled tradesmen who have tirelessly helped me restore this charming beauty into a haven for relaxation and nurturing others.

Enormous thanks must first go to Dave Healy and the boys at Healy Homes. Thanks Dave, Morgan, Jordan, Nathaniel, Trent and James. I appreciate your endless patience, professionalism, support and help.

A huge thanks to Garsden and Clarke Kitchens for the beautiful cabinetry, bathrooms and kitchen restoration, thanks Susan and team.

To Unique Landscaping for the beautiful lush surroundings, thanks John and Cathy for creating our special garden.

To my friend Judy at Square Rooms for guiding me with this project from start to finish. Thanks Jude for your generosity talent and creative advice. See Judy for advice on interiors, colour selection, fabrics, wallpapers, tiles, paints and finishes.

Many thanks to everyone else for helping me renovate and restore this timeless and charming beauty into a comfort zone for all to enjoy. I will be forever grateful.

Karen Cash



new beginnings

Introducing the beauty room

Where you can click on to www.lplungehomeandspa.com.au and find all the latest in skin treatments make-up and beauty rituals for looking your best.

Day or night... skin advice, spa brands, spa packages, modern make-up tips.

home is where the heart is

Our gifts have been hand selected with you in mind and there is something for every home and for every style. Candles to burn day or night, fine perfumery, glassware, ceramics, cushions, baskets and the most gorgeous books sourced from overseas. Designer jewellery, travel and resort living clothing. Furniture, tableware and toiletries from Africa, India and France. Ideal gifts for xmas or perhaps a special occasion.

Gift vouchers available fully redeemable on home and spa.





exquisite skincare

Having spent the past 14 years manufacturing products, I have developed a strong passion for further understanding the skin and skin ingredients. My two main goals when researching brands for the spa was to find products that were both functional and affordable.

Science has changed the way we now view the skin with scientists becoming the new rock stars of the century, discovering sophisticated delivery systems, formulating active

ingredients that penetrate into the living layers of your skin, using result orientated skin ingredients to change faces of many.

We know that 90% of aging is environmental, therefore it is vitally important to protect our skin from our harsh Qld climate. Exquisite skincare, anti-aging facials, tga approved omnlux light therapy, skin science peels and exotic body treatments are now available at L'plunge home and spa.

Beautiful skin is only a treatment away...



an invitation

Enter our cocoon of welcoming elegance and you will feel instantly relaxed. Enjoy our lush surroundings and our unforgettable spa treatments. Experience genuine service and dedicated therapists.

What a privilege it is for me to introduce our spa team.

General Manager – Raelene Addley

Spa Manager – Chris Daunis

Spa Receptionists – Alex Tomkinson and Hannah Cash

Spa Therapists specialising in face and body therapies; Aromatherapy, Reflexology, Remedial Massage etc.

– Christine Daunis, Jo Enright, Gay English, Jo Smith, Michele Short, Judy Dolphin, Lauren Mulligan.

Support Staff – Michael Deane, Gaye Priddy, Marion O'Neill and Sharon Losch.

Spa Consultant – Dr Linda Williams.

Our highly skilled team have been carefully chosen for their passion and professionalism and on behalf of our team we welcome you to plunge right in and make yourself at home.

Karen Cash

escaping the everyday

Sometimes we just need to let go and unwind... and as a reminder of this you will see our little Suzuki Swifts buzzing around the town.

L'plunge opening hours are from 9.00am – 8.00pm Monday – Thursday (late nights by appoint only) and Friday – Saturday 9.00am – 5.00pm. We offer all the essential grooming you need as well as face, body and massage therapies, replenishing spa treatments, packages and day escapes.

greater wellbeing inside and out

The L'plunge team welcomes Dr Linda Williams who will be joining our passionate Spa team as of November.

Dr Linda is available by appointment for private consultation, offering advice and skin treatments, specialising in cosmetic enhancement procedures, injectables and skin rejuvenation. Treatments designed to target the visible signs of aging.

Please call reception for information and bookings regarding these services on 3488 0300.

